

# Northampton Public Schools

## Office of Student Services

**David Messing, M.Ed.**  
*Associate Director of Student Services*

**Pamela Plumer, Ph.D.**  
*Director of Student Services*

**Joshua Dickson, M.S.Ed.**  
*Associate Director of Student Services*

## Community Resources: Northampton Public Schools

### For Medical and Mental Health Emergencies

Families **should not** reach out to school providers (Teachers, Counselors, Principals, etc.) if your child is experiencing a mental or physical health crisis. Below are the numbers and websites for local resources should you experience a crisis situation.

### **911 is a resource for emergency situations 24/7**

**Our local Crisis Service is:**

**Crisis Hotline, Clinical & Support Options** (413) 586-5555 (24/7) *Provides behavioral health assessment, intervention and stabilization for youth, families and adults.*

**Riverside Trauma has provided links for mental health support:**

<http://riversidetraumacenter.org/safety-predictability-control-in-the-midst-of-covid-19/>

**24-hour hotlines:**

**National Suicide Prevention Lifeline** (800) 273-8255 - *Offers confidential support for people in distress, best practices for professionals and resources*

**Parental Stress Line** (800) 632-8188 - *For parents and guardians seeking caregiving support - All languages available*

**Crisis Text Line** Text START to 741-741 - *Support for those in crisis. Text from anywhere in the USA to text with a trained Crisis Counselor* <https://www.crisistextline.org/>

**Trans Lifeline** (877) 565-8860 - *Financial and emotional support to trans people in crisis - All operators are transgender*

Source: The Center for Community Resilience after Trauma (CCRT), a program of Clinical & Support Options Providing FREE and confidential support to victims & witnesses of crime and violence  
413.773.5090 ~ [CCRT@csoinc.org](mailto:CCRT@csoinc.org)

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**Mass 2-1-1** (always a confidential call) is available and can connect callers with information about critical health and human services available in the community. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources.

For non-emergencies, reach out to your child's pediatrician or current mental health providers. Northampton Area Pediatrics: <http://www.napedes.com/> (have just begun implementing telepractice)

### **Food Resources and Housing Concerns**

#### **Northampton Public Schools Food Program**

Northampton Public Schools will be providing meals to school-aged children 18 or younger. You do not need to be a student from the Northampton public school district to participate.

We will provide a bagged lunch along with a bagged breakfast according to the following schedule:

- Tuesday: Two lunches and two breakfasts
- Thursday: Three lunches and three breakfasts

Meals will be available at the following sites, from 11-12pm and distributed from yellow school buses:

- Hampshire Heights
- Florence Heights
- Meadowbrook Apartments
- 236 Pleasant Street

Meals are also available at Smith Vocational from 11-1 Mondays and Wednesdays at a drive-through.

#### **Survival Centers**

Northampton Survival Center  
265 Prospect St.

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Northampton, MA 01060

(413) 586-6564

[www.northampton-survival.org](http://www.northampton-survival.org)

Amherst Survival Center

138 Sunderland Road

North Amherst, MA

(413) 549-3968

<https://amherst-survival.org/>

Easthampton Community Center

12 Clark Street

Easthampton, MA 01027

413-527-5240

<https://easthamptoncommunitycenter.org/>

Hours: Weekdays 8:30am-5:30pm

The Food Bank of Western Massachusetts

97 North Hatfield Rd

Hatfield, MA 01038

413-247-9738

<https://www.foodbankwma.org/>

Hilltown Food Pantry

40 Main Street

Goshen, MA 01032

(413) 268-7578

Office/Pantry Hours: Wednesdays 1:00pm-3:00pm

<https://www.hilltowncdc.org/hilltown-food-pantry>

Franklin Area Survival Center

96 Fourth Street, Turners Falls, MA 01376

(413) 863-9549

<https://franklinareasurvivalcenter.org/>

The Community Survival Center

240 Main Street

Indian Orchard, MA 01151

(413) 543-3930

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<http://communitysurvivalcenter.org/>

**Department of Transitional Assistance:** for issues with housing, AFDC and SNAP (formerly known as Food Stamps) - (413) 552-5400

**Emergency Child Care:** [sforce.co/398muGJ](https://sforce.co/398muGJ)

**Unemployment:** <https://www.mass.gov/applying-for-unemployment-benefits>

**Mass Hire Franklin/Hampshire Career Center:** (413) 774-4361